

Kevin Sweeney Introduction

(Read this as though you wrote it and have fun with it!!)

How well do you handle pressure?

Does pressure make you nervous?

Is your team prepared to handle being in the “hot seat”?

Our speaker today has first hand knowledge and experience in pressure situations. He has flown combat missions in both Viet Nam and Desert Storm. He has been awarded numerous decorations including the Air Achievement Medal, multiple Air Medals and the United States Air Force Distinguished Flying Cross.

He is a retired Lt. Colonel in the Air National Guard. He has also held executive positions in sales and operations for a Fortune 50 company AND he has even been featured in *Reader's Digest* and on the *A&E* channel.

So please join me in welcoming Mr. Pressure Cooker, himself....

Kevin Sweeney